

# SEPTEMBER | 2024

## Lynchburg-Clay Elementary



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>2</b> <b>Meal Prices 2024-2025:</b>  <b>Breakfast \$0.80</b>  <b>Lunch \$2.75</b>  <b>Reduced and Free \$0.00</b></p>	<p><b>3</b> <b>NO SCHOOL – FAIR WEEK</b>                  Goodluck to all the students participating in the Highland County Fair</p>			
<p><b>9</b> Fruit Strudel, Apple Slices                   Chicken Patty Sandwich                  Peas                  Assorted Fruit                  Choice of milk</p>	<p><b>10</b> Donut, Applesauce                   Taco Bites                  Corn                  Veggie Bag                  Assorted Fruit                  Choice of milk</p>	<p><b>11</b> Pancake, Clementine                   Pizza                  Corn                  Salad                  Assorted Fruit                  Choice of milk</p>	<p><b>12</b> Muffin, Banana                   Mozzarella Bread Bites                  W/ Marinara                  Green Beans                  Assorted Fruit                  Choice of milk</p>	<p><b>13</b> Cinnamon Roll, Craisins/Juice                   Cheeseburger                  French Fries                  Fruit Slushy                  Assorted Fruit                  Choice of milk</p>
<p><b>16</b> Cream Cheese Bagel, Applesauce                   Hot Dog                  Baked Beans                  Assorted Fruit                  Choice of milk</p>	<p><b>17</b> Donut, Apple Slices                   Walking Taco W/ Lettuce, Tomato, &amp; Cheese                  Fiesta Black Beans                  Assorted Fruit                  Choice of milk</p>	<p><b>18</b> Waffle, Banana                   Pizza                  Corn                  Salad                  Assorted Fruit                  Choice of milk</p>	<p><b>19</b> Poptart, Apple                   Spaghetti W/ Bread Stick                  Green Beans                  Assorted Fruit                  Choice of milk</p>	<p><b>20</b> Sausage Pancake Wrap, Clementine                   Cheeseburger                  French Fries                  Fruit Slushy                  Choice of milk</p>
<p><b>23</b> Cinnamon Pull-Apart, Apple Slices/Fruit                   Nachos &amp; Cheese                  Go-gurt                  Green Beans                  Assorted Fruit                  Choice of milk</p>	<p><b>24</b> Donut, Applesauce                   Fish sandwich                  Chips                  Glazed Carrots                  Assorted Fruit                  Choice of milk</p>	<p><b>25</b> Cinnamon Blueberry Stick, Clementine                   Pizza                  Corn                  Salad                  Assorted Fruit                  Choice of milk</p>	<p><b>26</b> Banana Chocolate Chip Bar Apple                   Chicken Strips                  Mashed Potatoes                  Dinner Roll                  Assorted Fruit                  Choice of milk</p>	<p><b>27</b> French Toast, Banana                   Cheeseburger                  French Fries                  Fruit Slushy                  Choice of milk</p>
<p><b>30</b> Poptart, Applesauce                   Corn Dog                  Baked Beans                  Assorted Fruit                  Choice of milk</p>	<p><b>1</b> Fruit Frudal, Apple Slices                   Popcorn Chicken                  Macaroni &amp; Cheese                  Carrots                  Assorted Fruit                  Choice of milk</p>	<p><b>2</b> Donut, Banana                   Pizza                  Corn                  Salad                  Assorted Fruit                  Choice of milk</p>	<p><b>3</b> Pull Apart Bagels, Apple Slices                   Bosco Sticks                  Green Beans                  Assorted Fruit/Juice                  Choice of milk</p>	<p><b>4</b> Muffin, Craisins/Juice                   Cheeseburger                  French Fries                  Assorted Fruit                  Choice of milk</p>

### News

We offer fat free 1% flavored milk with a choice of chocolate or white and whole grain bread products

### Alternate Meals

Monday: Chicken Nuggets

Tuesday: Peanut butter jelly uncrustable

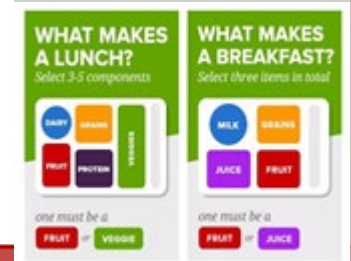
Wednesday: Chicken Nuggets

Thursday: Corndog

Friday: Chicken Nuggets

Parents can put a limit on how much ala carte money their child can spend. You must call into the school and talk to the cafeteria to place a limit.

**Menu is subject to change due to availability.**



# SEPTEMBER | 2024

## Lynchburg-Clay Middle School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>2</b></p> <p><b>Meal Prices 2024-2025:</b>  <b>Breakfast \$1.35</b>  <b>Lunch \$3.10</b>  <b>Free/Reduced \$0.00</b></p>	<p><b>NO SCHOOL – FAIR WEEK</b></p> <p>Goodluck to all the students participating in the Highland County Fair</p>			
<p><b>9</b> Pancake or Waffle</p> <p>Corn Dog                  Baked Beans                  Chips                  Fresh Vegetables                  Assorted Fruit/Slushy                  Choice of milk</p>	<p><b>10</b> Mini Donut</p> <p>Chicken Fajita Wrap                  Salad Bar                  Assorted Fruit/Fruit Cup                  Choice of milk</p>	<p><b>11</b> Biscuit &amp; Gravy</p> <p>Popcorn Chicken                  Macaroni &amp; Cheese                  Garlic Toast                  Fresh Veggie                  Assorted Fruit/Applesauce                  Choice of milk</p>	<p><b>12</b> Fresh Baked Cinnamon Roll</p> <p>Cheeseburger                  Waffle Fries                  Assorted Fruit/Juice                  Choice of milk</p>	<p><b>13</b> Sausage Sandwich</p> <p>Stuffed Crust Pizza                  Corn                  Mini Rice Krispie Treat                  Assorted Fruit/Strawberries                  Choice of milk</p>
<p><b>16</b> Pancake or Waffle</p> <p>Pepperoni Calzone                  Hash Browns                  Broccoli and Cheese                  Assorted Fruit/Slushy                  Choice of milk</p>	<p><b>17</b> Cereal</p> <p>Doritos Walking Tacos                  Fresh Baked Cookie                  Fiesta Beans                  Salad Bar                  Assorted Fruit/Fruit Cup                  Choice of milk</p>	<p><b>18</b> Biscuit &amp; Gravy</p> <p>Baked Potato Bar                  Cheesy Bread                  Glazed Carrots                  Fresh Veggies                  Assorted Fruit/Applesauce                  Choice of milk</p>	<p><b>19</b> Mini Cinnamon Pull Apart</p> <p>Baked Chicken Leg                  Mashed Potatoes/Gravy                  Dinner Roll                  Brussel Sprouts                  Assorted Fruit/Juice                  Choice of milk</p>	<p><b>20</b> Sausage Sandwich</p> <p>Big Daddy's Pizza                  Salad Bar                  Mini Rice Krispie Treat                  Assorted Fruit/Strawberries                  Choice of milk</p>
<p><b>23</b> Pancake or Waffle</p> <p>Bosco Sticks W/ Marianara                  Green Beans                  Assorted Fruit/Slushy                  Choice of milk</p>	<p><b>24</b> Chocolate Chip Bar</p> <p>Sloppy Joes                  Chips                  Mixed Veggies                  Assorted Fruit/Fruit Cup                  Choice of milk</p>	<p><b>25</b> Biscuit &amp; Gravy</p> <p>Chicken Quesadilla                  Fiesta Beans                  Salad Bar                  Assorted Fruit/Juice                  Choice of milk</p>	<p><b>26</b> Fresh Baked Cinnamon Roll</p> <p>Country Chicken Bowl                  Dinner Roll                  Corn                  Assorted Fruit/Applesauce                  Choice of milk</p>	<p><b>27</b> Sausage Sandwich</p> <p>Homemade Pizza                  Mini Rice Krispie Treat                  French Fries                  Assorted Fruit/Fruit Cup                  Choice of milk</p>
<p><b>30</b> Breakfast Bread</p> <p>Soft Taco                  Black Bean Salsa                  Salad Bar                  Assorted Fruit/Slushy                  Choice of milk</p>	<p><b>1</b> Pancake or Waffle</p> <p>Cherry Blossom Chicken                  Fried Rice                  Stir Fry Veggies                  Egg Roll/Fortune Cookie                  Assorted Fruit/Juice                  Choice of milk</p>	<p><b>2</b> Biscuit &amp; Gravy</p> <p>Cheeseburger                  French Fries                  Salad Bar                  Assorted Fruit/Fruit Cup                  Choice of milk</p>	<p><b>3</b> Ham &amp; Cheese Croissant</p> <p>Chick Fil A Sandwich                  Hash Browns                  Salad Bar                  Assorted Fruit/Applesauce                  Choice of milk</p>	<p><b>4</b> Sausage Sandwich</p> <p>French Bread Pizza                  Glazed Carrots                  Salad Bar                  Assorted Fruit/Slushy                  Choice of milk</p>

### News

We offer fat free 1% flavored milk with a choice of chocolate or white and whole grain bread products.

### A la Carte

We offer a variety of a la carte items in our cafeteria daily

### ALTERNATE MEALS

**Monday: Chicken Nuggets**

**Tuesday: Pizza**

**Wednesday: Taco Bites**

**Thursday: Pizza**

**Friday: Chicken Sandwich**

*Parents can put a limit on how much ala carte money their child spends. You must call into the school and talk to the cafeteria to place a limit.*

**WHAT MAKES A LUNCH?**  
 Select 3-5 components

one must be a **FRUIT** or **VEGGIE**

**WHAT MAKES A BREAKFAST?**  
 Select three items in total

one must be a **FRUIT** or **JUICE**

# SEPTEMBER | 2024

## Lynchburg-Clay High School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**2** Meal Prices 2024-2025

Breakfast \$1.45

Lunch \$3.10

Free/Reduced \$0.00

**3**

# NO SCHOOL – FAIR WEEK

**4**

**5**

**6**

Goodluck to all the students participating in the Highland County Fair

**9**

Donut

Bosco Sticks  
Salad Bar  
Cookie  
Assorted Fruit/Peaches  
Choice of milk

**10**

Ham & Cheese Croissant

Quesadilla  
Sour Cream, Salsa  
Fiesta Beans  
Salad Bar  
Assorted Fruit/Juice  
Choice of mil

**11**

Biscuit & Gravy

Baked Chicken Leg  
Mashed Potatoes & Gravy  
Dinner Roll  
Baked Apples  
Assorted Fruit  
Choice of milk

**12**

Cinnamon Roll

Cheeseburger  
French Fries  
Veggie Bar  
Assorted Fruit/Fruit Cup  
Choice of milk

**13**

Benefit Bar

Pizza  
Corn  
Salad Bar  
Assorted Fruit/Juice  
Choice of milk

**16**

Breakfast Bagel

Calzone  
Green Beans  
Bread Stick  
Assorted Fruit/Peaches  
Choice of milk

**17**

Fresh Baked Cinnamon Roll

Soft Taco W/ Cheese, Sour  
Cream, Guacamole, Taco Sauce  
Fiesta Beans  
Assorted Fruit/Juice  
Choice of milk

**18**

Biscuit & Gravy

Spaghetti & Meatballs  
California Blend Veggies  
Garlic Toast  
Assorted Fruit/Fruit Cup  
Choice of milk

**19**

Sausage & Cheese Biscuit

Chicken Wrap  
Baked Beans  
Cinnamon Churro  
Assorted Fruit/Juice  
Choice of milk

**20**

Funnel Cake

Homemade Pizza  
Toss Salad  
Corn  
Assorted Fruit/Applesauce  
Choice of milk

**23**

Donut

Chick Fil A Sandwich  
French Fries  
Veggie Bar  
Coco Cherry Bar  
Assorted Fruit/Juice  
Choice of milk

**24**

Bagel

Doritos Walking Taco  
Sour Cream, Cheese, Salsa  
Salad Bar  
Fiesta Beans  
Assorted Fruit/Juice  
Choice of milk

**25**

Muffin

Country Chicken Bowl  
Corn  
Dinner Roll  
Assorted Fruit/Fruit Cup  
Choice of milk

**26**

Sausage Biscuit

Chicken Quesadilla  
Sour Cream, Salsa  
Toss Salad  
Assorted Fruit/Juice  
Choice of milk

**27**

Pancakes

Deep Dish Pizza  
Green Beans  
Toss Salad  
Assorted Fruit/Applesauce  
Choice of milk

**30**

Egg & Cheese Croissant

Cheeseburger  
French Fries  
Veggie Bar  
Assorted Fruit/Juice  
Choice of milk

**1**

Donut

Grand Nachos  
Cheese, Sour Cream, Salsa  
Fiesta Beans  
Breadstick  
Assorted Fruit/Fruit Cup  
Choice of Milk

**2**

Cinnamon Roll

Cincinnati Chili Spaghetti  
Garlic Toast  
Peas  
Assorted Fruit/Fruit Cup  
Choice of Milk

**3**

Fresh Baked Cinnamon Roll

Bosco Sticks  
Toss Salad  
Rice Krispie Treat  
Assorted Fruit/Juice  
Choice of milk

**4**

Cinni Mini

Big Daddy's Pizza  
Glazed Carrots  
Salad Bar  
Assorted Fruit/Applesauce  
Choice of milk

### News

We offer fat free 1% flavored milk with a choice of chocolate or white and whole grain bread products.

For Breakfast we also offer cereal, yogurt, pop tarts, donuts and other breakfast items. Students have a choice of milk or latte with their breakfast, they can always purchase both.

### LUNCH

We offer an alternate entrée each day

### A la Carte

We offer a variety of a la carte items in our cafeteria daily

Parents can put a limit on how much ala carte money their child spends. You must call into the school and talk to the cafeteria to place a limit

