

SEPTEMBER | 2023

LYNCHBURG-CLAY ELEMENTARY



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	31	1 Waffles Grapes/Juice Cheeseburger French Fries Fruit Slushy Choice of Milk
4	5	6	7	8
<p>NO SCHOOL – FAIR WEEK</p> <p>GOOD LUCK TO ALL STUDENTS PARTICIPATING IN THE HIGHLAND COUNTY FAIR!!</p>				
11 Fruit Strudel Apple Slices/Juice Chicken Patty Sandwich Peas Assorted Fruit Choice of Milk	12 Donut Applesauce/Juice Taco Bites Corn Salad Assorted Fruit Choice of Milk	13 Pancake Whole Orange Pizza Corn Veggie Bag Assorted Fruit Choice of Milk	14 Muffin Apple Mozzarella Bread Bites w/marinara Green Beans Assorted Fruit Choice of Milk	15 Cinnamon Roll Grapes/Juice Cheeseburger French Fries Fruit Slushy Assorted Fruit Choice of Milk
18 Cream Cheese Bagel Apple Slices/Juice Hot Dog Baked Beans Assorted Fruit Choice of Milk	19 Donut Applesauce/Juice Walking Taco w/lettuce, tomato, cheese Fiesta Black Beans Assorted Fruit Choice of Milk	20 Waffle Orange Pizza Veggie Bag Corn Assorted Fruit Choice of Milk	21 Poptart Apple Spaghetti w/breadstick Salad Assorted Fruit Choice of Milk	22 Sausage Pancake Wrap Grapes/Juice Cheeseburger French Fries Fruit Slushie Choice of Milk
25 Cinnamon Pull-Apart Apple Slices/Juice Nachos and Cheese Go-gurt Green Beans Assorted Fruit Choice of Milk	26 Donut Applesauce/Juice Pizza burger Green Beans Chips Assorted Fruit Choice of Milk	27 Cinnamon Blueberry Stick Whole Orange Pizza Veggie Bag Corn Assorted Fruit Choice of Milk	28 Banana Chocolate Chip Bar Apple Chicken Strips Mashed Potatoes Dinner Roll Assorted Fruit Choice of Milk	29 French Toast Grapes/Juice Fish Sandwich French Fries Fruit Slushie Choice of Milk

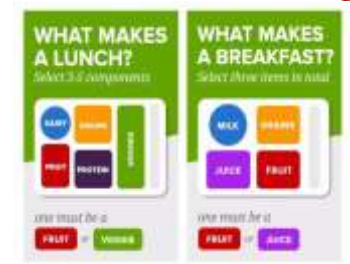
We offer Fat free 1% flavored milk with a choice of chocolate or white and whole grain bread products.

We also offer assorted veggie bags and humus daily

Chicken Nuggets are offered daily as a second lunch option

Meal Prices 2023-2024:
Breakfast \$0.80
Lunch \$2.75
Reduced and Free \$0.00

Parents can put a limit on how much ala carte money their child spends. You must call into the school and talk to the cafeteria to place a limit.



SEPTEMBER | 2023

LYNCHBURG-CLAY MIDDLE SCHOOL



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	31	1 Sausage Sandwich Pizza Salad Bar Assorted Fruit Choice of Milk
4	5	6	7	8
<p>NO SCHOOL – FAIR WEEK</p> <p>GOOD LUCK TO ALL STUDENTS PARTICIPATING IN THE HIGHLAND COUNTY FAIR!!</p>				
11 Pancake or Waffle Corn Dog Baked Beans Chips Fresh Veggies Assorted Fruit/ Slushie Choice of Milk	12 Mini Donut Chicken Fajita Wrap Salad Bar Assorted Fruit/Fruit Cup Choice of Milk	13 Biscuit and Gravy Popcorn Chicken Macaroni and Cheese Garlic Toast Fresh Veggies Assorted Fruit/Applesauce Choice of Milk	14 Fresh Baked Cinnamon Roll Cheeseburger Waffle Fries Assorted Fruit/Juice Choice of Milk	15 Sausage Sandwich Stuffed Crust Pizza Corn Mini Rice Krispie Treat Assorted Fruit/Strawberries Choice of Milk
18 Pancake or Waffle Pepperoni Calzone Hash brown Broccoli and Cheese Assorted Fruit/ Slushie Choice of Milk	19 Cereal Walking Taco Fresh Baked Cookie Fiesta Beans Salad Bar Assorted Fruit/Fruit Cup Choice of Milk	20 Biscuit and Gravy Baked Potato Bar Cheesy Bread Glazed Carrots Assorted Fruit/Applesauce Choice of Milk	21 Mini Cinnamon Pull-apart Baked Chicken Leg Mashed Potatoes/Gravy Dinner Roll Brussel Sprouts Assorted Fruit/Juice Choice of Milk	22 Sausage Sandwich Big Daddys Pizza Salad Bar Mini Rice Krispie Treat Assorted Fruit/Strawberries Choice of Milk
25 Pancake or Waffle Cheesy Bread Stick/Marinara Chicken Nuggets Green Beans Assorted Fruit/ Slushie Choice of Milk	26 Chocolate Chip Bar Chili w/cracker Peanut butter sandwich Mixed Veggies Assorted Fruit/Fruit Cup Choice of Milk	27 Biscuit and Gravy Country Chicken Bowl Dinner Roll Corn Assorted Fruit/Applesauce Choice of Milk	28 Fresh Baked Cinnamon Roll Chicken Quesadilla Fiesta Beans Salad Bar Assorted Fruit/Juice Choice of Milk	29 Sausage Sandwich Homemade Pizza Mini Rice Krispie Treat French Fries Assorted Fruit/Strawberries Choice of Milk

We offer fat free 1% flavored milk with a choice of chocolate or white and whole grain bread products.

A la Carte

We offer a variety of a la carte items in our cafeteria daily

We offer an alternate meal Of Pizza Daily

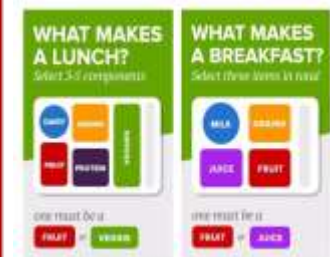
Meal Prices 2023-2024:

Breakfast \$1.35

Lunch \$3.10

Free/Reduced \$0.00

Parents can put a limit on how much ala carte money their child spends. You must call into the school and talk to the cafeteria to place a limit.



SEPTEMBER | 2023

LYNCHBURG-CLAY HIGH SCHOOL



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	31	1 Chocolate Donuts Pizza w/ranch Chips Steamed Carrots Assorted Fruit or juice Choice of Milk 2Hr Early Dismissal
4	5	6	7	8

NO SCHOOL – FAIR WEEK
GOOD LUCK TO ALL STUDENTS PARTICIPATING IN THE HIGHLAND COUNTY FAIR!!

11 Choice of Muffin Calzone/ marinara Sauce Rice Krispie Treat Broccoli Assorted Fruit Choice of Milk	12 Egg and Cheese Croissant Pork Patty on a bun Veggie Bar Baked Beans Assorted Fruit or Juice Choice of Milk	13 Sausage Gravy and Biscuit Chili w/Cheese sandwich Crackers Veggie Bar Assorted Fruit Choice of Milk	14 Sausage Pancake Wrap Cheeseburger Fries: Regular or Sweet Potato Veggie Bar Assorted Fruit or Juice Choice of Milk	15 Strawberry Pancake Bowl Pizza w/ranch Chips Corn Assorted Fruit Choice of Milk
18 Bagel w/Cream Cheese Chicken Quesadilla Sour cream/Salsa Rice Krispie Treat Steamed Broccoli Assorted Fruit Choice of Milk	19 Breakfast Bagel Bosco Sticks w/sauce Cookie Toss Salad Assorted Fruit or Juice Choice of Milk	20 Sausage Gravy and Biscuit Soft Taco w/cheese/sour cream Fiesta Beans Veggie Bar Assorted Fruit Choice of Milk	21 Benefit Bar Chicken Patty Sandwich Corn Sun Chips Veggie Bar Assorted Fruit or Juice Choice of Milk	22 Waffle w/syrup Pizza w/ranch Chips Green Beans Assorted Fruit or Juice Choice of Milk
25 Glazed Donut Pizza Burger w/pickles and onions Rice Krispie Treat Green Beans Assorted Fruit Choice of Milk	26 Sausage Pancake Wrap Chicken Wrap Veggie Bar Cookie Assorted Fruit Choice of Milk	27 Sausage Gravy and Biscuit Taco Salad w/cheese and salsa Breadstick Dorito Fiesta Beans Assorted Fruit Choice of Milk	28 Sausage Uncrustable Calzone w/marinara sauce Toss Salad w/ranch Assorted Fruit Choice of Milk	29 Cereal Bowl Pizza w/ranch Chips Steamed Carrots Assorted Fruit Choice of Milk

We offer fat free 1% flavored milk with a choice of chocolate or white and whole grain bread products.

For Breakfast we also offer cereal, yogurt, poptarts, donuts and other breakfast items daily depending on availability. Students have a choice of milk or latte with their breakfast they can always purchase both.

A la Carte

We offer a variety of a la carte items in our cafeteria daily

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