

Meal Prices 2024-2025:
Breakfast \$0.80
Lunch \$2.75
Reduced and Free \$0.00

OCTOBER | 2024



Lynchburg-Clay Elementary

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30 Poptart, Applesauce</p> <p>Corn Dog Baked Beans Assorted Fruit Choice of milk</p>	<p>1 Fruit Frudal, Apple Slices</p> <p>Popcorn Chicken Macaroni & Cheese Carrots Assorted Fruit Choice of milk</p>	<p>2 Donut, Banana</p> <p>Pizza Corn Salad Assorted Fruit Choice of milk</p>	<p>3 Pull Apart Bagels, Apple Slices</p> <p>Bosco Sticks Green Beans Assorted Fruit/Juice Choice of Milk</p>	<p>4 Breakfast Cookie, Craisins/Juice</p> <p>Cheeseburger French Fries Fruit Slushy Assorted Fruit Choice of milk</p>
<p>7 Pull Apart Bagels, Applesauce</p> <p>Hot Dog Broccoli & Cheese Rice Krispie Assorted Fruit/Juice Choice of Milk</p>	<p>8 Pancake, Apple Slices</p> <p>Taco Bites Fiesta Beans Veggie Bag Assorted Fruit Choice of milk</p>	<p>9 Waffle Snaps, Applesauce</p> <p>Pizza Green Beans Salad Assorted Fruit Choice of milk</p>	<p>10 Mini Blueberry Loaf, Banana</p> <p>Biscuit & Gravy Tater Tots Assorted Fruit/Juice Choice of Milk</p>	<p>11 Poptart, Applesauce</p> <p>Cheeseburger French Fries Fruit Slushy Assorted Fruit Choice of milk</p>
<p>14 Cinnamon Pull Apart, Banana</p> <p>Soft Pretzel w/ Cheese Baked Beans Veggie Sticks Fruit Juice Choice of Milk</p>	<p>15 Donut, Applesauce</p> <p>Walking Taco Corn Applesauce/Craisins Choice of Milk</p>	<p>16 Muffin, Apple Slices</p> <p>Pizza Green Beans Salad Assorted Fruit Choice of milk</p>	<p>17 Cinnamon Blueberry Stick, Banana</p> <p>Popcorn Chicken Macaroni & Cheese Green Beans Assorted Fruit Choice of Milk</p>	<p>18 Breakfast Cookie, Applesauce</p> <p>Rotini with Meat Sauce Salad Bar Fruit Slushy Assorted Fruit Choice of milk</p>
<p>21 Sausage Sandwich, Applesauce</p> <p>Mozzarella Bites Cooked Carrots Assorted Fruit Choice of Milk</p>	<p>22 Pancake, Banana</p> <p>Chicken Sandwich Peas Chips Applesauce Choice of Milk</p>	<p>23 Waffle, Apple</p> <p>Pizza Corn Salad Assorted Fruit Choice of milk</p>	<p>24 Donut, Applesauce</p> <p>Turkey Ham & Cheese Pocket Broccoli & Cheese Applesauce Choice of Milk</p>	<p>25 Banana Bar, Craisins</p> <p>Cheeseburger French Fries Fruit Slushy Assorted Fruit Choice of milk</p>
<p>28 Cinnamon Roll, Applesauce</p> <p>Bosco Stick Veggie Bag Rice Krispie Fruit Juice Choice of Milk</p>	<p>29 Flavored Bread, Banana</p> <p>Quesadilla Corn Fiesta Beans Assorted Fruit Choice of Milk</p>	<p>30 Cinnamon Pull Apart, Fruit Cup</p> <p>Pizza Green Beans Salad Assorted Fruit Choice of milk</p>	<p>31 Muffin, Applesauce</p> <p>Fun Fish Shapes Macaroni & Cheese Fruit Cup Choice of Milk</p>	<p>1 Poptart, Fruit Cup</p> <p>Cheeseburger French Fries Fruit Slushy Assorted Fruit Choice of milk</p>

News

We offer fat free 1% flavored milk with a choice of chocolate or white and whole grain bread products

Alternate Meals

Monday: Chicken Nuggets

Tuesday: Peanut butter jelly uncrustable

Wednesday: Chicken Nuggets

Thursday: Corndog

Friday: Chicken Nuggets

Parents can put a limit on how much ala carte money their child can spend. You must call into the school and talk to the cafeteria to place a limit.

Menu is subject to change due to availability.



This institution is an equal opportunity provider

OCTOBER | 2024

Lynchburg-Clay Middle School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30 Breakfast Bread</p> <p>Soft Taco Black Bean Salsa Salad Bar Assorted Fruit/Slushy Choice of Milk</p>	<p>1 Pancake or Waffle</p> <p>Cherry Blossom Chicken Fried Rice Stir Fry Veggies Egg Roll/Fortune Cookie Assorted Fruit/Juice Choice of Milk</p>	<p>2 Biscuit & Gravy</p> <p>Cheeseburger French Fries Salad Bar Assorted Fruit/Fruit Cup Choice of Milk</p>	<p>3 Ham & Cheese Crossant</p> <p>Chick Fil A Sandwich Hash Browns Salad Bar Assorted Fruit/Applesauce Choice of Milk</p>	<p>4 Breakfast Sandwich</p> <p>French Bread Pizza Glazed Carrots Salad Bar Assorted Fruit/Slushy Choice of Milk</p>
<p>7 Cinni Minni</p> <p>Quesadilla Corn Salad Bar Assorted Fruit Choice of Milk</p>	<p>8 Yogurt Parfait</p> <p>Mozzarella Bread Bites Green Beans Applesauce/Fruit Juice Choice of Milk</p>	<p>9 Biscuit & Gravy</p> <p>Popcorn Chicken Macaroni & Cheese Baked Beans Assorted Fruit Choice of Milk</p>	<p>10 Fresh Baked Cinnamon Roll</p> <p>Chicken Strips Soft Pretzel w/ Cheese Onion Rings Assorted Fruit Choice of Milk</p>	<p>11 Breakfast Sandwich</p> <p>Stuffed Crust Pizza Corn Assorted Fruit Choice of Milk</p>
<p>14 Pancake or Waffle</p> <p>Bosco Stick Tater Tots Carrots Assorted Fruit/Juice Choice of Milk</p>	<p>15 Bagel Breakfast Pizza</p> <p>Chili Uncrustable Crackers Assorted Fruit Choice of Milk</p>	<p>16 Biscuit & Gravy</p> <p>Rotini W/ Meat Sauce Garlic Texas Toast Green Beans Assorted Fruit Choice of Milk</p>	<p>17 Chocolate Chip Bar</p> <p>Baked Chicken Leg Mashed Potatoes & Gravy Dinner Roll Assorted Fruit Choice of Milk</p>	<p>18 Sausage & Gravy Breakfast Bites</p> <p>Big Daddy's Pizza Salad Bar Mini Rice Krispie Assorted Fruit Choice of Milk</p>
<p>21 Donut Holes</p> <p>Crispy Chicken Wrap French Fries Salad Bar Assorted Fruit Choice of Milk</p>	<p>22 Sausage Pancake Wrap</p> <p>Coney Dog Chips Baked Beans Fruit Cup Choice of Milk</p>	<p>23 Biscuit & Gravy</p> <p>Turkey Ham & Cheese Pocket Broccoli & Cheese Assorted Fruit Cookie Choice of Milk</p>	<p>24 Bagel with Cream Cheese</p> <p>Baked Potato Bar Cheesy Bread Carrot Sticks Applesauce Choice of Milk</p>	<p>25 Breakfast Sandwich</p> <p>Breakfast Pizza Hash Browns Assorted Fruit Choice of Milk</p>
<p>28 Mini Cinnis</p> <p>Walking Taco Fiesta Beans Assorted Fruit Choice of Milk</p>	<p>29 Mini Donut</p> <p>Chicken & Waffles Hash Browns Green Beans Fruit Slushy Choice of Milk</p>	<p>30 Biscuit & Gravy</p> <p>Cheeseburger French Fries Salad Bar Assorted Fruit Choice of Milk</p>	<p>31 Yogurt Parfait</p> <p>Country Chicken Bowl Corn Dinner Roll Assorted Fruit Choice of Milk</p>	<p>1 Breakfast Sandwich</p> <p>French Bread Pizza Carrots Mini Rice Krispie Fruit Cup Choice of Milk</p>

News

We offer fat free 1% flavored milk with a choice of chocolate or white and whole grain bread products.

A la Carte

We offer a variety of a la carte items in our cafeteria daily

ALTERNATE MEALS

Monday: Chicken Nuggets

Tuesday: Pizza

Wednesday: Taco Bites

Thursday: Pizza

Friday: Yogurt Parfait

Parents can put a limit on how much ala carte money their child spends. You must call into the school and talk to the cafeteria to place a limit.

WHAT MAKES A LUNCH?
Select 3-5 components

GRAIN

VEGETABLE

MEAT/PROTEIN

FRUIT

MILK

one must be a
FRUIT VEGETABLE

WHAT MAKES A BREAKFAST?
Select three items in total

MILK

GRAIN

FRUIT

JUICE

one must be a
FRUIT JUICE

Meal Prices 2024-2025

Breakfast \$1.45

Lunch \$3.10

Free/Reduced \$0.00

OCTOBER | 2024



Lynchburg-Clay High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30 Egg & Cheese Croissant</p> <p>Cheeseburger French Fries/Sweet Potato Fries Veggie Bar Assorted Fruit/Juice Choice of Milk</p>	<p>1 Donut</p> <p>Grand Nachos Fiesta Beans Breadstick Assorted Fruit Choice of Milk</p>	<p>2 Biscuit & Gravy</p> <p>Cincinnati Chili Spaghetti Garlic Toast Salad Bar Assorted Fruit Choice of Milk</p>	<p>3 Fresh Baked Cinnamon Roll</p> <p>Bosco Sticks Green Beans Mini Rice Krispie Treat Assorted Fruit/Juice Choice of Milk</p>	<p>4 Sausage Sandwich</p> <p>Big Daddy's Pizza Glazed Carrots Salad Bar Assorted Fruit/Applesauce Choice of Milk</p>
<p>7 Sausage Pancake Wrap</p> <p>Chicken Strips Soft Pretzel W/ Cheese Onion Rings Fruit Cup Choice of Milk</p>	<p>8 Fresh Baked Cinnamon Roll</p> <p>Mozzarella Bread Bites Green Beans Applesauce/Juice Choice of Milk</p>	<p>9 Biscuit & Gravy</p> <p>Popcorn Chicken Macaroni & Cheese Baked Beans Assorted Fruit Choice of Milk</p>	<p>10 Mini Cinnis</p> <p>Taco Bites Corn Salad Assorted Fruit Choice of Milk</p>	<p>11 Sausage Biscuit</p> <p>Stuffed Crust Pizza Carrots Assorted Fruit Choice of Milk</p>
<p>14 Pancakes</p> <p>Chicken Sandwich Tater Tots Applesauce Choice of Milk</p>	<p>15 Breakfast Bagel Pizza</p> <p>Chili Uncrustable Crackers Assorted Fruit Choice of Milk</p>	<p>16 Biscuit & Gravy</p> <p>Rotini W/ Meat Sauce Garlic Bread Green Beans Assorted Fruit Choice of Milk</p>	<p>17 Mini Pull Apart Bagels</p> <p>Turkey Ham & Cheese Pocket Broccoli & Cheese Assorted Fruit Cookie Choice of Milk</p>	<p>18 Sausage Croissant</p> <p>Tony's Pizza Salad Bar Assorted Fruit/Juice Choice of Milk</p>
<p>21 Sausage & Gravy Breakfast Pizza</p> <p>Crispy Chicken Wrap French Fries Assorted Fruit/Juice Choice of Milk</p>	<p>22 Fresh Baked Cinnamon Roll</p> <p>Coney Dog W/ Cheese Chips Baked Beans Fruit Cup Choice of Milk</p>	<p>23 Biscuit & Gravy</p> <p>Walking Taco Corn Assorted Fruit Choice of Milk</p>	<p>24 Donut</p> <p>Cheeseburger Sweet Potato Fries Veggie Bar Assorted Fruit/Juice Choice of Milk</p>	<p>25 Pancake Sausage Sandwich</p> <p>French Bread Pizza Green Beans Assorted Fruit Choice of Milk</p>
<p>28 Funnel Cake</p> <p>Bosco Sticks Green Beans Cookie Assorted Fruit/Juice Choice of Milk</p>	<p>29 Mini Pull Apart Bagels</p> <p>Taco Bites Corn Assorted Fruit Choice of Milk</p>	<p>30 Biscuit & Gravy</p> <p>Chicken & Waffle French Fries Assorted Fruit/Juice Choice of Milk</p>	<p>31 Pancakes</p> <p>Chicken Quesadilla Fiesta Beans Assorted Fruit Choice of Milk</p>	<p>1 Sausage & Cheese Biscuit</p> <p>Deep Dish Pizza Salad Bar Assorted Fruit/Juice Choice of Milk</p>

News

We offer fat free 1% flavored milk with a choice of chocolate or white and whole grain bread products.

For Breakfast we offer a wide variety of items. Students have a choice of milk or latte with their breakfast, they can always purchase both.

LUNCH

We offer an alternate entrée each day

A la Carte

We offer a variety of a la carte items in our cafeteria daily

Parents can put a limit on how much ala carte money their child spends. You must call into the school and talk to the cafeteria to place a limit