

Meal Prices 2024-2025:
Breakfast \$0.80
Lunch \$2.75
Reduced and Free \$0.00

NOVEMBER | 2024



Lynchburg-Clay Elementary

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|---|
| 28 Cinnamon Roll Applesauce Bosco Stick Veggie Bag Rice Krispie Fruit Juice Choice of Milk | 29 Flavored Bread Banana Quesadilla Corn Fiesta Beans Assorted Fruit Choice of Milk | 30 Cinnamon Pull Apart Fruit Cup Pizza Green Beans Salad Bar Assorted Fruit Choice of milk | 31 Muffin Applesauce Fun Fish Shapes Macaroni & Cheese Fruit Cup Choice of Milk | 1 NO SCHOOL |
| 4 Pull Apart Bagels Applesauce Hot Dog Broccoli & Cheese Rice Krispie Assorted Fruit/Juice Choice of Milk | 5 Donut Apple Walking Taco Fiesta Beans Applesauce Choice of Milk | 6 Waffle Snaps Fruit Cup Pizza Salad Bar Assorted Fruit Choice of milk | 7 Mini Blueberry Loaf Banana Popcorn Chicken Macaroni & Cheese Veggie Bag Assorted Fruit Choice of Milk | 8 Cereal Bar Fruit Cup Cheeseburger French Fries Fruit Slushy Assorted Fruit Choice of milk |
| 11 Sausage Sandwich, Applesauce Mozzarella Bites Cooked Carrots Assorted Fruit Choice of Milk | 12 Cinnamon Pull-Apart Apple Slices Nachos & Cheese Go-gurt Green Beans Assorted Fruit Choice of milk | 13 Muffin Banana Pizza Veggie Bag Salad Bar Assorted Fruit Choice of milk | 14 Flavored Bread Applesauce French Toast Sausage Patty Hash Brown Fruit Juice Choice of Milk | 15 Poptart Fruit Cup Cheeseburger French Fries Fruit Slushy Assorted Fruit Choice of milk |
| 18 Donut Applesauce Mozzarella Bites Broccoli & Cheese Assorted Fruit Choice of Milk | 19 Pancake Banana Chicken Strips Baked Beans Applesauce Choice of Milk | 20 Blueberry Waffle Fruit Cup Pizza Salad Bar Assorted Fruit Choice of milk | 21 Blueberry Waffle, Applesauce THANKSGIVING MEAL Turkey & Gravy Mashed Potatoes Green Beans Cranberry Sauce/Fruit Roll Pie | 22 Cereal Bar Juice Cheeseburger French Fries Fruit Slushy Assorted Fruit Choice of milk |
| 25 Cinnamon Roll Fruit Cup Bosco Stick Veggie Bag Rice Krispie Fruit Juice Choice of Milk | 26 Donut Applesauce Walking Taco Fiesta Beans Fruit Slushy Choice of Milk | 27 HAPPY THANKSGIVING NO SCHOOL | | 28 NO SCHOOL |
| 25 Cinnamon Roll Fruit Cup Bosco Stick Veggie Bag Rice Krispie Fruit Juice Choice of Milk | 26 Donut Applesauce Walking Taco Fiesta Beans Fruit Slushy Choice of Milk | 27 HAPPY THANKSGIVING NO SCHOOL | | 28 NO SCHOOL |

News

We offer fat free 1% flavored milk with a choice of chocolate or white and whole grain bread products

Alternate Meals

Monday: Chicken Nuggets
Tuesday: Peanut butter jelly uncrustable
Wednesday: Chicken Nuggets
Thursday: Corndog
Friday: Chicken Nuggets

On November 21st the alternate meal will be Uncrustable in place of the Turkey & Gravy

Menu is subject to change due to availability.

WHAT MAKES A LUNCH?
Select 3-5 components

one must be a **FRUIT** or **VEGGIE**

WHAT MAKES A BREAKFAST?
Select three items in total

one must be a **FRUIT** or **JUICE**

Meal Prices 2024-2025:
Breakfast \$1.35
Lunch \$3.10
Free/Reduced \$0.00

NOVEMBER | 2024



Lynchburg-Clay Middle School

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|--|
| 28 Cinni Minni Walking Taco Fiesta Beans Assorted Fruit Choice of Milk | 29 Mini Donut Chicken & Waffles Hash Browns Green Beans Fruit Slushy Choice of Milk | 30 Biscuit & Gravy Cheeseburger French Fries Salad Bar Assorted Fruit Choice of Milk | 31 Yogurt Parfait Country Chicken Bowl Corn Dinner Roll Assorted Fruit Choice of Milk | 1 NO SCHOOL |
| 4 Pull Apart Mini Bagels Grand Nachos Fiesta Beans Assorted Fruit Choice of Milk | 5 Mini Donut Chicken Sandwich Hash Browns Green Beans Fruit Slushy Choice of Milk | 6 Biscuit & Gravy Cheeseburger French Fries Salad Bar Assorted Fruit Choice of Milk | 7 Sausage Pancake Wrap Baked Potato Bar Cheesy Bread Carrot Sticks Applesauce Choice of Milk | 8 Breakfast Sandwich Tony's Pizza Glazed Carrots Assorted Fruit/Slushy Choice of Milk |
| 11 Breakfast Bread Chicken Fajita Fiesta Beans Assorted Fruit Salad Bar Choice of Milk | 12 Muffins Walking Taco Salad Bar Assorted Fruit Choice of Milk | 17 Cinnamon Texas Toast THANKSGIVING MEAL Turkey Roast Mashed Potatoes & Gravy Green Beans Cranberry Sauce/Fruit Roll Pie | 14 Biscuit & Gravy Chili PB & J Uncrustable Veggie Bar Assorted Fruit Choice of Milk | 15 Breakfast Sandwich French Bread Pizza Green Beans Fruit Cup Choice of Milk |
| 18 Cinni Minni Quesadilla Corn Salad Bar Assorted Fruit Choice of Milk | 19 Yogurt Parfait Bosco Sticks Green Beans Salad Bar Applesauce/Fruit Juice Choice of Milk | 20 Biscuit & Gravy Popcorn Chicken Macaroni & Cheese Baked Beans Assorted Fruit Choice of Milk | 21 Fresh Baked Cinnamon Roll Chicken Strips Soft Pretzel w/ Cheese Onion Rings Assorted Fruit Choice of Milk | 22 Breakfast Sandwich Stuffed Crust Pizza Corn Assorted Fruit Choice of Milk |
| 25 Chocolate Chip Bar Bosco Stick Hash Browns Carrots Assorted Fruit/Juice Choice of Milk | 26 Bagel Breakfast Pizza Chili Uncrustable Crackers Assorted Fruit Choice of Milk | 27 HAPPY THANKSGIVING NO SCHOOL | | 28 29 |

News
 We offer fat free 1% flavored milk with a choice of chocolate or white and whole grain bread products.

A la Carte
 We offer a variety of a la carte items in our cafeteria daily

ALTERNATE MEALS
Monday: Chicken Nuggets
Tuesday: Pizza
Wednesday: Taco Bites
Thursday: Pizza
Friday: Chicken Strips

Parents can put a limit on how much ala carte money their child spends. You must call into the school and talk to the cafeteria to place a limit.

WHAT MAKES A LUNCH?
 Select 3-5 components

one must be a **FRUIT** or **VEGETABLE**

WHAT MAKES A BREAKFAST?
 Select three items in total

one must be a **FRUIT** or **JUICE**

Meal Prices 2024-2025

Breakfast \$1.45

Lunch \$3.10

Free/Reduced \$0.00

NOVEMBER | 2024



Lynchburg-Clay High School

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|--|
| 28 Funnel Cake Bosco Sticks Green Beans Cookie Assorted Fruit/Juice Choice of Milk | 29 Mini Pull Apart Bagels Taco Bites Corn Assorted Fruit Choice of Milk | 30 Biscuit & Gravy Chicken & Waffle French Fries Assorted Fruit/Juice Choice of Milk | 31 Pancakes Chicken Quesadilla Fiesta Beans Assorted Fruit Choice of Milk | 1 NO SCHOOL |
| 4 Pull Apart Mini Bagels Grand Nachos Fiesta Beans Assorted Fruit Choice of Milk | 5 Mini Donut Popcorn Chicken Macaroni & Cheese Salad Bar Assorted Fruit Choice of Milk | 6 Biscuit & Gravy Chicken Sandwich Sweet Potato Fries Assorted Fruit Choice of Milk | 7 Sausage Pancake Wrap Baked Potato Bar Cheesy Bread Carrot Sticks Applesauce Choice of Milk | 8 Breakfast Sandwich Tony's Pizza Glazed Carrots Assorted Fruit/Slushy Choice of Milk |
| 11 Breakfast Bread Cincinnati Chili Spaghetti Garlic Toast Salad Bar Assorted Fruit Choice of Milk | 12 Muffins Soft Taco Fiesta Beans Assorted Fruit/Juice Choice of milk | 13 Biscuit & Gravy Country Chicken Bowl Corn Dinner Roll Assorted Fruit Choice of Milk | 14 Cinnamon Texas Toast Cheeseburger French Fries Assorted Fruit Choice of Milk | 15 Breakfast Sandwich French Bread Pizza Green Beans Fruit Cup Choice of Milk |
| 18 Cinni Minni Quesadilla Corn Salad Bar Assorted Fruit Choice of Milk | 19 Chocolate Chip Bar Mozzarella Bread Bites Baked Beans Applesauce/Fruit Juice Choice of Milk | 20 Biscuit & Gravy THANKSGIVING MEAL Turkey & Gravy Mashed Potatoes Green Beans Cranberry Sauce/Fruit Roll Pie | 21 Fresh Baked Cinnamon Roll Chicken Strips Onion Rings Assorted Fruit Choice of Milk | 22 Breakfast Sandwich Stuffed Crust Pizza Corn Assorted Fruit Choice of Milk |
| 25 Chocolate Chip Bar Bosco Stick Tater Tots Carrots Assorted Fruit/Juice Choice of Milk | 26 Bagel Breakfast Pizza Chili Uncrustable Crackers Assorted Fruit Choice of Milk | 27 HAPPY THANKSGIVING NO SCHOOL | | 28 29 |

News

We offer fat free 1% flavored milk with a choice of chocolate or white and whole grain bread products.

For Breakfast we also offer cereal, yogurt, pop tarts, donuts and other breakfast items. Students have a choice of milk or latte with their breakfast, they can always purchase both.

LUNCH

We offer an alternate entrée each day

A la Carte

We offer a variety of a la carte items in our cafeteria daily

Parents can put a limit on how much ala carte money their child spends. You must call into the school and talk to the cafeteria to place a limit

WHAT MAKES A LUNCH?
Select 3-5 components

MEAT

GRAINS

VEGETABLES

FRUIT

PROTEIN

MILK

one must be a
FRUIT or VEGETABLE

WHAT MAKES A BREAKFAST?
Select three items in total

MILK

GRAINS

JUICE

FRUIT

one must be a
FRUIT or JUICE