

# NOVEMBER | 2023

## LYNCHBURG-CLAY MIDDLE SCHOOL



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>30</b> <b>Meal Prices 2023-2024</b> Breakfast \$1.35 Lunch \$3.10 Free/reduced \$0.00	<b>31</b>	<b>1</b> Biscuit and Gravy Country Chicken Bowl Corn Dinner Roll w/Margarine Assorted Fruit/Applesauce Choice of Milk	<b>2</b> Fresh Baked Cinnamon Roll Hot Dog/Chili Dog Chips Baked Beans Assorted Fruit/Fruit Cup Choice of Milk	<b>3</b> Sausage Sandwich Homemade Pizza Baked French Fries Mini Rice Krispie Assorted Fruit/Strawberries Choice of Milk
<b>6</b> Donut Chicken Filet Sandwich w/Cheese Baked Curly Fries Assorted Fruit/Slushie Choice of Milk	<b>7</b> Funnel Cake Totchos w/Queso Cinnamon Churro Fiesta Beans Salad Bar Assorted Fruit/Fruit Cup Choice of Milk	<b>8</b> Biscuit and Gravy Baked Potato Bar Cheesy Bread Broccoli and Cheese Assorted Fruit/Applesauce Choice of Milk	<b>9</b> Cinnamon Pull Apart Thanksgiving Meal Turkey Mashed Potatoes/Gravy Green Beans Dinner Roll w/Margarine Pie Cranberries Choice of Milk	<b>10</b> Sausage Sandwich Big Daddy's Pizza Salad Bar Oreos Assorted Fruit/Strawberries Choice of Milk
<b>13</b> Donut Chicken and Waffle Hashbrown Salad Bar Assorted Fruit/Slushie Choice of Milk	<b>14</b> Ham and Cheese Croissant Cheeseburger Waffle Fries Fresh Baked Cookie Assorted Fruit/Fruit Cup Choice of Milk	<b>15</b> Biscuit and Gravy Chili w/Crackers Mixed Veggies Peanut Butter Sandwich Assorted Fruit/Applesauce Choice of Milk	<b>16</b> Fresh Baked Cinnamon Roll Chicken Fajita Wrap Salad Bar Cinnamon Churro Assorted Fruit/Juice Choice of Milk	<b>17</b> Sausage Sandwich French Bread Pizza Corn Rice Krispie Treat Assorted Fruit/Strawberries Choice of Milk
<b>20</b> Donut Bosco Stick Chicken Nuggets Green Beans Assorted Fruit/Slushie Choice of Milk	<b>21</b> Funnel Cake Chicken Patty Sandwich Sun Chips Mixed Veggies Assorted Fruit/Fruit Cup Choice of Milk	<div>NO SCHOOL HAPPY THANKSGIVING!</div>		
<b>27</b> Donut Chili Cheese Fries Garlic Bread Green Beans Assorted Fruit/Slushie Choice of Milk	<b>28</b> Ham and Cheese Croissant Soft Taco Fiesta Beans Fresh Baked Cookie Salad Bar Assorted Fruit/Fruit Cup Choice of Milk	<b>29</b> Biscuit and Gravy Corn dog Baked Beans Sun Chips Assorted Fruit/Applesauce Choice of Milk	<b>30</b> Fresh Baked Cinnamon Roll Cherry Blossom Chicken Fried Rice Stir Fry Veggies Fortune Cookie Assorted Fruit/Juice Choice of Milk	<b>1</b> Sausage Sandwich Homemade Pizza Corn Oreo Cookie Assorted Fruit/Strawberries Choice of Milk

**We offer fat free 1% flavored milk with a choice of chocolate or white and whole grain bread products.**

### A la Carte

**We offer a variety of a la carte items in our cafeteria daily**

**We offer an alternate meal of Pizza Monday-Thursday and will offer Chicken Nuggets as an alternate meal on Friday**

**Parents can put a limit on how much ala carte money their child spends. You must call into the school and talk to the cafeteria to place a limit.**

### WHAT MAKES A LUNCH?

Select 3-5 components



### WHAT MAKES A BREAKFAST?

Select three items in total

