



FEBRUARY | 2024

LYNCHBURG-CLAY MIDDLE SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29		30 Meal Prices 2023-2024 Breakfast \$1.35 Lunch \$3.10 Free/reduced \$0.00	31	1 Fresh Baked Cinnamon Roll Popcorn Chicken Macaroni and Cheese Fresh Veggies or Salad Assorted Fruit/Juice Choice of Milk	2 Sausage Sandwich Homemade Pizza French Fries Cookie Assorted Fruit/Slushie Choice of Milk
5 Donut Chili Cheese Fries Garlic Toast Green Beans Assorted Fruit/Strawberries Choice of Milk	6 Funnel Cake Chicken and Waffles Hash Brown Salad Bar Assorted Fruit/Fruit Cup Choice of Milk	7 Biscuit and Gravy Baked Potato Bar Cheese Bread Broccoli and Cheese Assorted Fruit/Applesauce Choice of Milk	8 Cinnamon Pull Apart Country Chicken Bowl Corn Dinner Roll w/Margarine Assorted Fruit/Juice Choice of Milk	9 Sausage Sandwich French Bread Pizza Salad Bar-Black Beans Mini Rice Krispie Treat Assorted Fruit/Slushie Choice of Milk	
12 Donut Doritos Walking Taco Fiesta Beans Salad Bar Fresh Baked Cookie Assorted Fruit/Strawberries Choice of Milk	13 Ham and Cheese Croissant Baked Chicken Leg Mashed Potatoes/Gravy Dinner Roll w/Margarine Brussel Sprouts Assorted Fruit/Fruit Cup Choice of Milk	14 Biscuit and Gravy Chili w/Crackers Fresh Veggies Peanut Butter Sandwich Assorted Fruit/Applesauce Choice of Milk	15 Fresh Baked Cinnamon Roll Chicken Fajita Wrap Salad Bar Cinnamon Churro Assorted Fruit/Juice Choice of Milk	16 NO SCHOOL PROFESSIONAL DEVELOPEMENT DAY	
19  NO SCHOOL	20 Funnel Cake Cheeseburger Waffle Fries Fresh Veggies Assorted Fruit/Fruit Cup Choice of Milk	21 Biscuit and Gravy Soft Taco Fiesta Beans Fresh Baked Cookie Salad Bar Assorted Fruit/Applesauce Choice of Milk	22 Cinnamon Pull Apart Boneless Chicken Wings Glazed Carrots Mini Corn Bread Mozzarella Sticks Assorted Fruit/Juice Choice of Milk	23 Sausage Sandwich Stuffed Crust Pizza Salad Bar Mini Rice Krispie Treat Assorted Fruit/Slushie Choice of Milk	
26 Donut Hot Dog/Chili Dog Green Beans Fresh Veggies Assorted Fruit/Strawberries Choice of Milk	27 Ham and Cheese Croissant Chick Filet Sandwich French Fries Fresh Veggies Assorted Fruit/Fruit Cup Choice of Milk	28 Biscuit and Gravy Corn Dog Baked Beans Sun Chips Assorted Fruit/Applesauce Choice of Milk	29 Fresh Baked Cinnamon Roll Cherry Blossom Chicken Fried Rice Stir Fry Veggies Egg Roll Fortune Cookie Assorted Fruit/Juice Choice of Milk	1 Sausage Sandwich Homemade Pizza Corn Cookie Assorted Fruit/Slushie Choice of Milk	

We offer fat free 1% flavored milk with a choice of chocolate or white and whole grain bread products.

A la Carte
We offer a variety of a la carte items in our cafeteria daily

We offer an alternate meal of Pizza Monday-Thursday and will offer Chicken Nuggets as an alternate meal on Friday

Parents can put a limit on how much ala carte money their child spends. You must call into the school and talk to the cafeteria to place a limit.

WHAT MAKES A LUNCH?
Select 3-5 components

Dairy

Grains

Veggies

Fruit

Protein

one must be a
FRUIT or VEGGIE

WHAT MAKES A BREAKFAST?
Select three items in total

Milk

Grains

Fruit

Juice

one must be a
FRUIT or JUICE