

Lynchburg-Clay Middle School

MEAL PRICING:
\$3.10

LUNCH Menu

January- May 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Additional Daily Entrée Choice: 4x6 Pepperoni Pizza	Pepperoni Calzone Baked Hash Brown Assorted Fresh Fruit, 100 % Juice, or Fruit Cup Chocolate or White Milk	Meatball Sub Warm Marinara Sauce Green Beans Assorted Fresh Fruit, 100 % Juice, or Fruit Cup Chocolate or White Milk	Cheeseburger/ Bun Pickles Baked Beans Chips Assorted Fresh fruit, 100%juice, or Fruit Cup Chocolate or White Milk	Cooks Choice Assorted Vegetables Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Pizza Tossed salad w/ dressing Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk
	Cheesy Bread Stick Warm Marinara Sauce Seasoned Green Beans Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Chili w/ Crackers Peanut Butter Sandwich Fresh Vegetables Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Mustang Burger/ Bun Pickles Green Beans Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Chicken Quesadilla Tossed salad w/ dressing Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Pizza Corn Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk
Additional Daily Entrée Choice: 4x6 Pepperoni Pizza	Chicken Fajita Wrap Tossed salad w/ dressing Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Hot Dog or Coney Dog Cheese Assorted chips Fresh Vegetables Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Chicken Patty/ Bun Pickles Potatoes Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Walking Taco w/ Meat or Taco Salad Tossed salad w/ dressing, sour cream, taco sauce, cheese Black Beans Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Pizza Tossed salad w/ dressing Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk
	Corn Dog Baked Beans Assorted Chips Vegetable Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Cheesy Bread Stick Warm Marinara Sauce Seasoned Green Beans Assorted Fresh Fruit, or Fruit Cup Chocolate or White Milk	Popcorn Chicken or Chicken Tenders Mac & Cheese Vegetable Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Cheeseburger/ Bun Pickles Baked French or Sweet Potato Fries Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Pizza Corn Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk

January 2023

S	M	T	W	T	F	S
			4	5	6	7
8	9	10	11	12	13	14
15	17	18	19	20	21	
22	23	24	25	26	28	
29	30	31				

February 2023

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	18	
19	21	22	23	24	25	
26	27	28				

March 2023

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	18	
19	20	21	22	23	24	25
26	27	28	29	30	31	

April 2023

S	M	T	W	T	F	S
2	3	4	5			8
9	11	12	13	14	15	
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2023

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23				

SNACKS

We offer a variety of a la carte snack items in our cafeteria.

This institution is an equal opportunity provider.

Cooks Choice: May 18, 19, 22, 23.

Lynchburg-Clay Middle School

MEAL PRICING
\$1.35

BREAKFAST Menu

January- May 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pop Tart and Goldfish Crackers Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Pancake or Waffle with Syrup Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Biscuit and Sausage Gravy Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Mini Cinnis Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Sausage and Cheese Sandwich Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk
Chocolate Chip Oatmeal Bar Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Fresh Donut Holes Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Biscuit and Sausage Gravy Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Pancake or Waffle with Syrup Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Sausage and Cheese Sandwich Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk
Warm Cereal Bar Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Fresh Baked Donuts Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Biscuit and Sausage Gravy Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Fresh Baked Cinnamon Roll Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Sausage and Cheese Sandwich Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk
Mini Chocolate or Powdered Donuts Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Assorted Muffins and Goldfish Crackers Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Biscuit and Sausage Gravy Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Cereal Packs Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Sausage and Cheese Sandwich Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk



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January 2023	February 2023	March 2023	April 2023	May 2023
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
4 5 6 7	1 2 3 4	1 2 3 4	2 3 4 5 8	1 2 3 4 5 6
8 9 10 11 12 13 14	5 6 7 8 9 10 11	5 6 7 8 9 10 11	9 11 12 13 14 15	7 8 9 10 11 12 13
15 17 18 19 20 21	12 13 14 15 16 18	12 13 14 15 16 18	16 17 18 19 20 21 22	14 15 16 17 18 19 20
22 23 24 25 26 28	19 21 22 23 24 25	19 20 21 22 23 24 25	23 24 25 26 27 28 29	21 22 23
29 30 31	26 27 28	26 27 28 29 30 31	30	

Cooks Choice:
May 18, 19, 22, 23.

What's for breakfast?
Reference the calendar and match the corresponding color with the day and date.